Allergy Rx Plan

<u>Treat Symptoms/</u> <u>Anchor Therapy</u> (Short term control)

1. Use Apoquel, your rescue medication at home, in between Cytopoint injections.

- 2. Cytopoint injection (lasts approximately 30-60 days)
- 3. Assess response
 - Good or not good?
 - If good, how long?
- 4. Start Apoquel at home as soon as Cytopoint wears off
- 5. Schedule next Cytopoint
- 6. Over 70% success with either Cytopoint or Apoquel

Disease Modifying Treatment

(Long term control)

- Allergy Vaccine:
 - Injectable or oral spray
 - Can take 6 to 9 months to take effect
 - Life long
 - Is not a cure, better control
 - ∘60% good control
 - \circ 20% ok control
 - 20% failure (but can try another route and may succeed)

Both

1. Purina DRM diet or Hill's D/D 2. Weekly DermAllay shampoo 3.Dermoscent Essential skin care treatment bi-weekly 4. Follow ups every 3-6 months